

Cappagh PARISH NEWS

5th & 12th
July 2026

St Mary's Killyclogher, St Mary's Knockmoyle, Corpus Christi Mountfield, Christ The King Strathroy

SUMMER MASS SCHEDULE

St. Mary's Church, Killyclogher

Sunday Mass: 9am & 11:15am

Daily Mass: 10am: Mon, Tues, Wed & Thurs

Christ the King Church, Strathroy

Sunday Mass: 12noon

Vigil: 7pm

St. Mary's Church, Killyclogher

Daily Rosary: 9:10am: Mon-Saturday

Legion of Mary: Every Monday after 10am Mass

Christ the King Church, Strathroy

Confessions: 6:15pm-6.45pm: Saturday

Summertime

It seems that there is something innate in our yearning for summer. As a child and student, I longed for the last day of school when I could trade in my early morning alarms and textbooks for sleeping in and spending time with friends. While summers in adulthood do not usher in quite the same change of schedule or freedom from responsibilities, I nonetheless eagerly await them. What is it that stirs this desire for summertime within us? What lessons of summertime can we bring into our spiritual lives?

In the bustle of daily life it can be hard to find time for any rest, let alone that which truly restores and invigorates us. It is good that we work and labour, but we were not created for that alone. Jesus tells us, "Come to me, all you who labour and are burdened, and I will give you rest." (Matthew 11:28). We can find this rest firstly in times of silence and prayer with our Lord. And, I think we can also find it in the long days of summer. The extra hours of sunlight or the extra hours of vacation provide opportunities to lay our burdens of busyness down at the Lord's feet. Far from eschewing or running away from responsibilities, these times of rest create opportunities to live out the rhythm of work and rest God desires for us.

- *If summer affords you a bit more time to slow down, take some of these moments to reflect on how you can reorder your days to find balance of work and rest to live throughout the year. How is the Lord calling you to deeper rest this summer?*
- *Have you noticed that your mood or prayer shifts with the seasons? What hopes are you bringing from the winter depths into this new season of light and warmth?*
- *As we continue through the summer months, take time to slow down and praise God in the goodness of the season. In what splendors of summer do you receive God's love and glimpse His care for you?*

Despite all our longings for summer, it can often feel like it slips by too fast. This summer slow down and rest, shed the layers of life that can weigh us down, and open your heart to notice and receive all the goodness the Lord has in store for you in this season.

Author: Erin Donn, missionary at Immaculate Conception Church in Washington



PARISH OFFICE OPENING HOURS: MONDAY –THURSDAY: 9AM-5PM (closed 1-1.30pm)

Contact: Phone 028 8224 3375 or Email info@cappaghparish.com.

Anniversary Mass Bookings: Please note that a Requiem Mass takes precedence and therefore your booking is subject to change.

WATCH MASS LIVE ON THE PARISH WEBCAM: www.cappaghparish.com

Webcam live streams only. The recording of services broadcast on the webcam ***must be requested in advance*** by contacting the parish office on 028 8224 3375 or speaking with the priest (outside of office opening hours)

FR KEVIN McELHENNON P.P: 028 8225 8108 / k.mcelhennon@derrydiocese.org

FR MALACHY GALLAGHER C.C: 028 8225 1055 / malachy.gallagher@derrydiocese.org

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MASS INTENTIONS

Saturday	11 July	CTK	7pm	<i>Anniversary:</i>	Rosaleen McNamee, Meadowvale Park John McNamee Felix McAleer, Clonmore Gardens Mary Flanagan, Oakland Road
Sunday	12 July	KC	11:15am	<i>1st Anniversary:</i> <i>Anniversary:</i>	Noel Taggart, Ballinamullan Road Kevin Loughrey Peter McAnulla, Gortgranagh Road
Sunday	12 July	CTK	12 noon	<i>Anniversary:</i>	Maire Molloy, Gortin Road
Monday	13 July	KC	10am	<i>1st Anniversary:</i>	Pat Livingstone, Old Mountfield Road
Wednesday	15 July	KC	10am	<i>Anniversary:</i>	Bernard McDermott, Barony Road Tom & MaryAnne Gormley, Knocknamoe Bungalows
Thursday	16 July	SHC	10am	<i>1st Anniversary:</i>	Jim Cummings, Oakland Court (Sacred Heart Church, Omagh)
Sunday	19 July	KC	11:15am	<i>Anniversary:</i>	Desmond McCann, Farmhill Road
Sunday	19 July	CTK	12 noon	<i>Anniversary:</i>	Joe & Anna Mullan, Circular Road Cabrina McGrath



BLESSING OF THE GRAVES 2026

St. Mary's Church, Killyclogher: Blessing of Graves at 3pm on Sunday 6th September.

POPE'S MONTHLY INTENTION FOR JULY : *For respect for human life.*

Let us pray for the respect and protection of human life in all its stages, recognising it as a gift from God.

PRAY FOR VOCATIONS



That those who may be anxious or worried about feeling called to priesthood will trust the Lord and hear the One who is "... gentle and humble in heart..." promising them rest and the peace that comes from knowing He is with them, carrying their burdens alongside them.

LEGION OF MARY: WELCOME THE STATUE OF OUR LADY INTO YOUR HOME & PRAY THE ROSARY

Contact Rosaleen on 07955860246 to make arrangements with the Legion of Mary, Cappagh Group.

SUMMER MASS SCHEDULE (COMMENCING 1ST JULY)

No Evening Mass in Christ the King Church, Strathroy during July and August.

There will be an Evening Mass in the Sacred Heart Church, Omagh every Wednesday at 7.30pm.

The 10am Morning Mass in St. Mary's Church, Killyclogher will continue Monday - Thursday.

However, there's no 10am Mass in St. Mary's Church, Killyclogher on Thursday 9th, 16th and 23rd July.

CAPPAGH PARISH NEWS

During the Summer months, the parish newsletter will be printed every fortnight.

CAPPAGH PARISH OFFICE

The parish office will be closed during the week of 6th July and on Bank Holiday Monday 13th July.

FR MIKE SCHMITZ PARABLES TOUR FOR YOUNG PEOPLE - 20TH JULY / DUBLIN

Derry Youth Ministry are inviting young people aged 16+ to join them for the *Fr Mike Schmitz Parables Tour* on 20th July 2026 in the National Stadium Dublin. Cost is £45 for ticket and transport. Bus departs Derry at 12noon, with pick-ups in Strabane and Omagh. Contact: bethany.doherty@derrydiocese.org or 02871264087

YOUTH SUMMER FESTIVAL / 13TH - 16TH AUGUST

Calling all young people aged 16-35! Join us at the Youth 2000 Summer Festival in Newbridge College, Co. Kildare. This is a donation only event, with free buses available across the country and all meals included. Expect inspiring talks and workshops, Mass, music, prayer and plenty of opportunities to chill out and meet other young Catholics. Whether you are new to the faith or looking to be refreshed - all are welcome. To register or for more info, visit: youth2000.ie or follow @Youth2000Ireland

DIOCESE OF DERRY LOUGH DERG THREE-DAY PILGRIMAGE : Friday 24th - Sunday 26th July 2026

Step away from the pace of daily life and discover three days of prayer, peace, reflection and renewal.

For those availing of the bus transport (from St Eugene's Cathedral via Strabane and Lifford) the cost is £95 / €110, including bus transport. Booking form and full details are available at derrydiocese.org/lough-derg.

Safeguarding Notice

If you have any concerns with regard to Safeguarding children or adults in need of protection within the Church, please contact Marie Gormley, the Diocesan Designated Liaison Person (DLP) on 075 9650 0793 | marie.gormley@derrydiocese.org