



FASTING & FEASTING

Fast from discontent,
Fast from anger,
Fast from pessimism,
Fast from worry,
Fast from thoughts of illness.
Fast from emphasis on differences.
Fast from complaining,
Fast from judging others,
Fast from words that pollute,
Fast from negatives,
Fast from bitterness,
Fast from self-concern,
Fast from discouragement,
Fast from suspicion,
Fast from thoughts that weaken,

Feast on gratitude.
Feast on patience.
Feast on optimism.
Feast on divine order.
Feast on the healing power of God.
Feast on the unity of all life.
Feast on appreciation.
Feast on Christ dwelling within
Feast on phrases that purify.
Feast on affirmatives.
Feast on forgiveness.
Feast on compassion for others.
Feast on hope
Feast on truth.
Feast on promises that inspire.

Recent Baptisms



We welcome through Baptism:
Sadie-Grace Kelly Gavin
Ava Marie McLaughlin

Recent Deaths



We pray for the families of:
Vera Byrne (McAlear), England
Annie Maguire, Drumnakilly Rd
Thomas O'Shea, Camowen Terrace
Maureen Bonner, Cannondale
May they rest in peace

Lenten Study starts..

Conversion: Following the Call of Christ
Mon 19th Feb: 8pm in Christ the King Church
Tues 20th Feb: 10.30am in Killyclogher Hall

Lenten Promise Cards

Cards are available for £1 in the porches after Mass. This is a great way of keeping Lent, with a daily scratch-off activity that invites us to pray, fast or to give. This year's cards include a focus on family.

Golden Wedding Anniversary!

Congratulations & every blessing to Terry & Rose McGinn on the celebration of 50 yrs of marriage.

Dance Classes in Knockmoyle Hall

Tuesday Nights from 8-10pm: learn to waltz, jive, etc, Admin: £5. Contact Declan : 07870576034

Parish Bingo

Every Monday night in the parish centre at 9pm

Thank you for your Donation

Weekly: £3,048 & Renovation: £1,709

Adoration for Pro-Life

Adoration in Christ the King, every Monday from 6-7pm and Sunday 3.30-6.30pm, is offered for the protection of families and the protection of life.



Drumragh Parish Lenten Family Mission

In the Sacred Heart Church, Omagh from 17th-24th Feb. Come along each evening where Guest Speakers will offer inspirational talks about Family, God's Mercy and Love at the Evening Masses.

ACCORD NI Catholic Marriage Care Service

Are recruiting Counsellors & Facilitators in the Omagh area. If you are interested in joining ACCORD and would like more information on how to apply, please come along to an information night on Monday 26th Feb at 8pm in the ACCORD suite in the Pastoral Centre, Brook St, Omagh or contact 028 8224 2439

Next Baptism Preparation Evening

Parents/expectant parents are required to attend an evening of preparation for their child to receive the Sacrament of Baptism. *Next Date:* Mon 19th Feb at 7.30pm in Christ the King Church.
Phone the parish office to book: 028 8224 3375

"Do This In Memory" Programme

The next "DTIM" Mass will be celebrated on Sun 4th March at 12noon in Christ the King Church.

Annual Diocesan Lourdes Hospitalite Collection

Takes place this weekend. This fund depends on money raised at collections to bring people from our Diocese who are sick and also medical helpers, to care for them, to Lourdes. Thank you for your support.

Safeguarding Children Contact Details for Relevant Agencies and Services

PSNI 0845 600 8000 | Gateway Services 028 8283 5043

Alternatively, if you or anyone you know has a child safeguarding concern in relation to any member of church personnel and wishes to report it to church authorities please contact one of the diocesan designated persons, who will, in turn, report this concern to the relevant statutory authorities.

Noel O'Donnell 075 9650 0793 | Celine McKenna 077 0731 1358

Thought for the week....

*Lord,
let me
find you again*

St Mary's Church, Killiclogher

Sunday Mass: Vigil: 7.30pm, 9am, 11am.
 Daily Mass: Mon-Sat 10am. Tues & Fri 7.30pm
 Confessions: Sat after 10am Mass
 Rosary: Mon-Sat 9.10am
 Adoration: Fri 3pm-7.20pm
 Legion of Mary: Mon 8.15pm
 Our Lady of Perpetual Help Novena: Tues 10am
 Divine Mercy Chaplet: Sun 3pm

St Mary's Church, Knockmoyle

Sunday Mass: 10am
 Weekdays: Mon & Wed 10am

Christ the King Church, Strathroy

Sunday Mass: Vigil 6.30pm, 12noon
 Daily Mass: Mon & Wed 7.30pm
 Thurs morning as announced
 Confessions: Mon&Wed 7-7.20pm; Sat 5.45-6.20pm
 Rosary & Divine Mercy Chaplet: Wed 6.45pm
 Adoration: Mon 6-7pm, Thurs 7-8pm &
 Sun 3.30-6.30pm

Corpus Christi Church, Mountfield

Sunday Mass: 10am

Prayer for Priests

19th Feb: Fr John Forbes
20th Feb: Fr Edward Gallagher
21st Feb: All Priests
22nd Feb: Fr John Gilmore
23rd Feb: Fr Joseph Gormley
24th Feb: Fr Eamon Graham
25th Feb: All Priests

Feasts of the Week

1st Week of Lent
 1^{se} Week of Lent
 St Peter Damian, bishop
 The Chair of St Peter, Apostle
 1st Week of Lent
 1st Week of Lent
 First Sunday of Lent

Pope Francis Tweets

"We need the Holy Spirit to transmit the faith. We cannot do it alone."



Adoration for Pro-Life

Adoration in Christ the King, every Monday from 6-7pm is offered for the protection of families & life.

Rally to "SAVE THE 8th"

A pro-life rally will be held in Dublin on Sat 10th March. Join thousands from across Ireland in support of the 8th Amendment of the Irish Constitution that protects the unborn. Bus leaving from Crevenagh Rd, Park & Ride at 8am. Tel: Eamon Cassidy: 07743502165

Get Well Fr Kevin Mullan ..

Thank you to everyone who has enquired about Fr Mullan. Many of you have asked where Get Well cards should be sent. A parishioner has come up with a lovely gesture and donated "Big Hello" books so that we can send Fr Kevin these books filled with Get Well Wishes from Cappagh Parish. The books will be left in the chapel in Killiclogher and Christ the King. Please write your message and name in the book and we will ensure Fr Mullan receives them.

Fostering in the WHSCT Area : Information Evenings

Mon 19th Feb: Fir Trees Hotel, Strabane at 7.30pm
 Wed 21st Feb: Da Vinci's Hotel, Derry at 7.30pm
 Thurs 22nd Feb: Silverbirch Hotel, Omagh at 7.30pm
 WHSCT urgently needs people to offer their homes to foster children. During information evenings there will be an opportunity to ask questions from staff and experienced foster carers. Contact: 028 8283 5264 or email: Vanessa.Nelis@westerntrust.hscni.net

FREE Mindfulness Course in Omagh Library

If you or someone you care about suffers with mental health issues or you are a student or mental health professional, come along to information classes every Friday morning in Omagh Library. Courses are delivered by people with lived experience of mental illness and are friendly and informal. Registration/Information Day will be held on Fri 23rd Feb 10am-12noon in the Library.

Cappagh/Badoney CCE : Cherish the Ladies Concert

Fri 28th Sept at 8.30pm in The Mellon Country Hotel. Tickets: £15. contact Tom Blee 028 8164 8719

MASS INTENTIONS

Tues 20th Feb: 1st Anni^v: Tessy Hasson, KNM Bungalows / 7.30pm / KC
Wed 21st Feb: Kevin Bradley, St Mary's Road / 10am / KC
Wed 21st Feb: Rita & Michael McGrade, Circular Rd & Stella O'Hanlon Oakland Villas / 7.30pm / CTK
Fri 23rd Feb: M.Mind: Liam McGinn, Richmond Pk / 7.30pm / KC
Sat 24th Feb: 1st Anni^v: Patrick Douglas, Retreat Heights & Molly McSwiggan / 7.30pm / KC
Sun 25th Feb: Felim McAleer, Arvalee / 9am / KC
Sun 25th Feb: Michael O'Donnell, Strathroy Pk / 10am / KM
Sun 25th Feb: George Logue, Castleview / 11am / KC
Sun 25th Feb: Mary McGarvey, Strathroy Rd / 12noon / CTK



DIOCESAN VOCATIONS INFORMATION EVENING

The Parochial House,
 St Eugene's Cathedral, Francis St,
 Derry, BT48 9AP
 Tuesday 27th February 2018
 6-9pm

Enquiries can be made via the diocesan Vocations Director:
 Fr Paul Farren. Tel: 028 7126 4087
 or email: ddcc@derrydiocese.org

Contact the parish office to book Mass Intentions, Weddings, Baptisms
 (month's minds and 1st anniversaries take precedence over other anniversaries - booking is subject to change)
 Notices for CPN by 12noon/ Wed. Parish office opening times: Mon-Fri: 9.15am-3.45pm | Lunch 1-1.30pm

Parish Office 8224 3375
Fr Kevin McElhennon PP 8225 8108
Fr Stephen Kearney 8225 2643

Emergency mobile 07561838455
Fr Daniel McFaul CC 8225 1055
SVP KC 07738837992 | CTK 07738838066